## Pathway at UCLA Extension

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## Skill and Behavior Assessment (to be filled out by the applicant and/or guardian)

Name of Applicant:

Name of Person Completing this Form:

Relationship to Applicant:

Daily Routine & Hygiene	With No Assistance	Little Assistance	Significant Assistance	With No Reminders	Few Reminders	Many Reminders	Is Still Learning	N/A
Sets and uses an alarm to wake up								
Makes bed daily								
Prepares simple meals								
Creates healthy meals								
Sets the table								
Cleans dishes after eating								
Understands and uses public transportation								
Carries enough money to pay for necessities								
Makes grocery lists and shops								
Plans leisure activities								
Goes to sleep at a reasonable time								
Keeps bedroom clean								
Does laundry each week								
Uses a vacuum								
Showers independently on a daily basis								
Exercises positive grooming behaviors								
Uses a hair dryer/curling iron safely								
Shaves regularly								

Safety Skills	With No Assistance	Little Assistance	Significant Assistance	With No Reminders	Few Reminders	Many Reminders	Is Still Learning	N/A
Understands emergency procedures								
Uses a key to enter/exit house								
Distinguishes between friends and strangers								
Can use basic self-defense								
Carries identification in public								
Is able to stay home alone								
Exhibits safe fire behaviors								
Shows safe smoking habits								
Can make calls for assistance								

## Additional Comments:

Money Management	With No Assistance	Little Assistance	Significant Assistance	With No Reminders	Few Reminders	Many Reminders	Is Still Learning	N/A
Is able to save money for larger purchases								
Uses a bank account								
Is aware of monthly spending								
Knows monthly income								
Uses personal money for spending								
Realizes the difference between needs and wants								
Is able to create and follow a weekly/daily budget								

Additional Comments:

Ability to use:	With No Assistance	Little Assistance	Significant Assistance	With No Reminders	Few Reminders	Many Reminders	Is Still Learning	N/A
Coffee pot								
Stove/Oven								
Toaster								
Microwave								
Can opener								
Dishwasher								
Iron								
Washing machine/dryer								
DVD player								
CD player								
Telephone/cell phone								
Computer								
Television								

## Additional Comments:

Social Skills	With No Assistance	Little Assistance	Significant Assistance	With No Reminders	Few Reminders	Many Reminders	Is Still Learning	N/A
Has friends at own age								
Plans social events								
Maintains positive relationships with adults								
Has a best friend								
Has a boyfriend/girlfriend								
Invites friends to go on outings								
Participates in social events								
Enjoys spending time alone with friends								
Has ability to problem solve								

Additional Comments: